### **Beat the Heat!**

# Practice Safe play Everyday! Remember all the Summer safety Rules!



# STAY HYDRATED WITH FLUIDS:

Treat yourself with Nimbu Pani, lemonade, coconut water and Pannah.

### DRESS COOL:

Opt for comfortable, light colored clothes that let your skin breathe.

#### **BE SUN SMART:**

**BE SMART, EAT RIGHT:** 

Watermelon and Muskmelon.

Kids should use adequate sun protection like hats, sunscreen and sunglass. Make sure to use proper SPF whenever kids will be exposed to sunlight.

Eat lots of water based salads and fresh

fruits ideal for the season – Cucumber.



Try and avoid being out in the Sun from:

11:00 A.M. until 4 P.M.

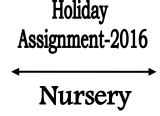
This is when the Sun is strongest.

Drinks Lots & Lots of Water! Enjoy the Summers!



A Centrally Air-conditioned Hi-tech Pre-School

**Sector-5, Jawahar Nagar, Jaipur.** www.edmunds.ac.in / helpdesk@edmunds.ac.in





Dear Parents,

Holidays give your child a break from studies. It allows them to spend time fruitfully at also allows them to acquire more abilities. Keeping this in mind the Holiday Home-work has been framed to make your child more observant and confident.

### General Instructions:

- 1. Do the Home-work given in Worksheet.
- 2. Put them in a file and present the file to your teacher when school re-opens.
- 3. Revise poems and EVS topics taught so far.

### Guidelines for Parents:

### 1. Enhancing curiosity and reasoning:

A child is curious by nature. He tends to explore and observe the environment around him. This helps him to pick-up environmental concepts rather than learning by memorizing. So, help your child by discussing and reasoning various phenomena that your child observes.

#### 2. Development of Language:

Language is a skill which is developed with practice. It is immaterial whether he reads from a picture book, activity book or a text book. He/she will never thee less develop language.

- (a) **Read out stories to him/her:** Later try and help him/her to read with you. This will help and motivate learning and give child the experience of associating spoken and written word.
- **(b) Converse**: With the child about day to day happenings, which could be a small visit to the garden or watching of any T.V. programme etc.

### 3. Take Care of Manners:

Do not forget to use four golden words: Please, excuse me, sorry ad thank you.

### 4. Helping and Sharing:

Help your mother by doing small chores for her and other member of the family. Learn to look-after yourself. Learn to take bath independently, wear clothes, button up shirt etc. Do not forget to share your toys, sweets etc. with your friends and cousins.

### 5. Plan Outings:

To the Gardens, Historical Places, Malls, Zoo, Restaurants etc. Talk about how you spent your time with the other members of the family and friends.

### 6. Improve Handwriting:

Make your child practice writing atleast one page daily.

You are requested to help your child develop self-esteem and confidence by following the above mentioned guidelines.

Have a very happy and fruitful holiday. For holidays if properly utilized can be both fun and productive.

Now for the written work

**ENGLISH** → Worksheet given.

हिन्दी

 $\rightarrow$ 

Worksheet given.

**ARITH** 

→ Worksheet given.

# $\frac{\text{(Theme } \rightarrow \text{Indian Animals)}}{\text{Projects-1}}$

• Make Flash Cards of the following animals given below :

**Projects-2** 

Friday, 01<sup>st</sup> July, 2016 School re-opens after Summer break.

Timings (Play Group to Prep.) 08:30 a.m. to 12:30 p.m.

Office will remain open during Summer Vacation. Contact school office from: 08:00 a.m. to 12:00 Noon.

With good wishes!

**Dr.** (Mrs.) Pooja Singh Principal

Mrs. Meena Singh Director Academics

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Holiday



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## General Instructions:

- 1. Do the work on loose sheets.
- 2. Put them in a file and present the file to your teacher when school re-opens.
- 3. Revise poems and EVS topics taught so far.

### Guidelines for Parents:

### 1. Enhancing curiosity and reasoning:

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### 6. Improve Handwriting:

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Have a very happy and fruitful holiday. For holidays if properly utilized can be both fun and productive.

Now for the written work

**ENGLISH**  $\rightarrow$  Speak and write capital letters.

A - Z (2 times)

Speak and write small letters a - o (4 times)

हिन्दी 

स्वर बोलो और लिखो (दो बार)

व्यंजन बोलो और लिखो (क से न तक) (4 बार)

**ARITH**  $\rightarrow$  Write Counting 1-50 (3 times)

### **Activities**

• Make 4-4 Flash Cards of the animals (.....) mentioning their food, life span, sound, home, baby and country name.

<b>Animal Name</b>	<b>Country Name</b>
	Food
Picture of	life Span
Animal	Sound
	Home
	Baby

• Make a Chart of Australian animals alongwith their babies Kangaroo, Koala, Emu, Crocodile, Duck-Billed Platypus.

Dingo – Type of Fox

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